



## **AMERSHAM WEST DISTRICT GUIDING**

Girlguiding is the leading charity for girls and young women in the UK. We build girl's confidence and raise their aspirations. We give them a chance to discover their full potential and encourage them to be a powerful source for good. We give them a space to have fun.

Amersham West District Guiding offers fun, exciting activities and the opportunity to make lifelong friends for girls from 5 - 18 years old. We are open to all girls - of all faiths and none. And adults can join too!

All units meet on a regular weekly basis during term time, either at their regular meeting place or they can often be found 'out' on adventures away from base.

### **Amersham West District Rainbow Unit**

We have one Rainbow Unit aimed at girls 5 - 7 years old which meets in Amersham on the Hill on Fridays between 4.45 and 6pm.

### **Amersham West District Brownie Units**

We have five Brownie Units for girls aged 7- 10 years old. The Units meet at various locations in Amersham on the Hill, Chesham Bois and Hyde Heath from 6pm to 7.30pm on Mondays, Tuesdays Wednesdays and Thursdays.

All the Rainbows and Brownie Groups have Waiting Lists so your daughter may not be able to join immediately. New intakes take place at the start of each term and include girls who are over or reach 5(Rainbows) or 7 (Brownies) during the previous term.

### **Amersham West District Guide Units**

There are three Guides Units for girls aged 10 - 14 years old. The Units meet in Amersham on the Hill and Chesham Bois on Mondays (6.30 - 8pm), Wednesdays (7 - 8.30pm) and Fridays (6.30 - 8.00pm)

### **Amersham West District Ranger Unit**

There is one Ranger Unit for girls aged 14 -18 years old which meets in Amersham on the Hill on Fridays from 8 -9.30pm.

### **Amersham District Adults**

There are always opportunities for adults to become involved in Guiding in a variety of roles. To find out more about this, with no 'strings attached, no pressure' please go to the web site below and register your interest. Once you have done this one of our team will contact you to discuss the opportunities.

Find out more about Girlguiding at [www.girlguiding.org.uk](http://www.girlguiding.org.uk) . If your daughter would like to be part of this amazing organization you can register her details there by selecting 'Information for Parents', 'Register your Daughter'. Select a unit and her details will be sent to that unit and someone will be in touch with you before too long. Similarly, if you would like to help at a unit you can register on line.

We look forward to hearing from you.

Janet Hilton, Girlguiding Ambassador, Amersham West District